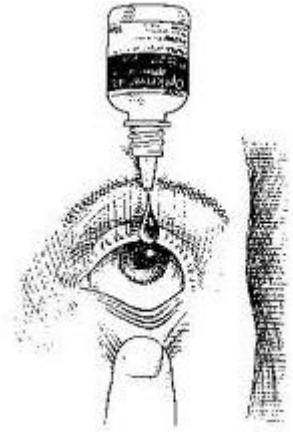


**St. Teresa's Hospital
Eye Centre**

Patient Information
Method of Using Eyedrop

1. First, clean your hands. Tilt up your head or lie down on the bed.
2. Pull down lower eyelid and look up. Instill the eye drop. (1 drop is enough)
3. Dry up excess eye drop with tissue. Lightly press on the canthus to avoid drainage of eye drop to the throat.
4. If more than one eye drop is needed, instill the second one at least 5 minutes after the first one.
5. If eye drop and ointment are used, eye drop should be used first. Then apply the ointment at least 5 minutes after the eye drop.
6. Close the cap of eye drop properly after use. Do not rinse with water.
7. In general, eye drop should be discarded 1 month after being opened or as instructed.



References:

1. 衛生署藥物辦公室 Retrieve from
[http://www.psdh.gov.hk/eps/chi/general doc/How%20to%20Use%20Eye%20Drops.pdf](http://www.psdh.gov.hk/eps/chi/general_doc/How%20to%20Use%20Eye%20Drops.pdf)